

Sarah Schmitt

Educational Consultant



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[My Profile](#)

Relevant Skills & Expertise:

- Disability Rights, Modifications, & Accommodations
- Education/Disability Education
 - Autism
 - ADHD
 - Dyslexia
 - Down Syndrome
 - Physical Disabilities
 - Hearing/Vision Impairment
 - Medical Conditions
 - Cognitive & Processing Disabilities
 - etc.
- Child Development
- Curriculum Design & Assessments
- Disability-Related Healthcare (Feeding Tubes, Seizures, Anaphylaxis, Catheters/Toileting)
- Behavioral Health
- Trauma Informed Practices
- Youth Mental Health First Aid
- Incarcerated Youth Teacher
- Diversity, Equity, & Inclusion
- Executive Functioning Coach
- Social-Emotional Learning Coach
- Conflict Resolution & Crisis Coach
- Public Speaking & Presenting
- Down Syndrome Association Parent Teacher
- Guest Lecturer (College Level)
- Professional Development
- Cognitive Coaching & Team Building
- Mentorship & Peer Coaching
- Digital Marketing & Accessibility
- Data Analysis
- Education & Ministry Event Coordinator

Education & Certifications:

Bachelor of Science in Early Childhood Education & Intervention Specialty Education
Franciscan University of Steubenville, 2008

Master of Education in Special Education, Focus of Early Intervention & ABA Coursework
George Mason University, 2015

Certified Crisis Trainer

Special Education General Curriculum K-12
VA Teaching License

Early/Primary Education PreK-3
VA Teaching License

Work Experience



Founder & Director

Witness to Dignity - a non-profit providing training & resources to faith-based organizations to improve accessibility for people with disabilities

2018-Present (5 years)

- Write and deliver trainings on a variety of educational and faith-based topics for the inclusion and access of people with disabilities - presented virtually, live, or in-person
- Administration of daily business operations
- Consultations and coaching for Administrators/Directors, Teachers, Instructional Assistants, Central Office Staff, Ministers, Clergy, and Volunteers
- Plan, create, and provide inclusive and equitable resources to support people with disabilities, neurodiversity, and diverse needs in faith-based organizations



Behavioral and Educational Consultant

Fairfax County Public Schools - Central Office

2016-2022 (6 years)

- Wrote and delivered hundreds of presentations on a variety of educational and behavioral topics - District-Wide, Administrators, Whole School, and Individual Audiences
- Consulting and Coaching staff in more than 45 schools - Administrators, Teachers, Instructional Assistants, Bus Drivers, etc.
- Lead district-wide, central office collaborative groups - Functional Behavior Assessment/Behavior Intervention Plans, Early Childhood Behavior, Multi-Tiered System of Supports, Mentorship and Coaching, Department Region Lead & Support
- Member of coordinating team for District-Wide Events - Special Education Conferences, Paraprofessional Conferences, New Teacher Conferences
- Created and Managed Digital Marketing Presence for Department



Behavior Therapist; Disability-Inclusive Education Teacher

Various Orgs; Private School for Autism; Fairfax County Public Schools
2005-2016 (11 years)

- Designed and implemented behavior plans, individualized education plans, curriculum, and data collection
- Provided parent support and advocacy; collaborated with school districts and private therapists
- Created and ran programs for individualized growth in Social-Emotional, Behavioral, Academic, and Developmental Skills
- Created and delivered trainings for support staff and coworkers on a variety of topics, such as inclusive practices, behavior, and differentiating instruction
- Founding Member, Developed Initial Preschool Program